



Apple Crumble

Six large apples (peeled and sliced)
Four tablespoons honey
Two teaspoons ground cinnamon
Two-thirds cup rolled oats
One-third cup flour
Two-thirds cup brown sugar, packed

1. Heat oven to 350°F.
2. Spray a two-quart baking dish with fat-free cooking spray.
3. Place apples on baking sheet.
4. Combine other ingredients and sprinkle over apples.
5. Bake 30-35 minutes.



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