

# *Baked Yams and Apples with Maple Glaze*

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Three large	yams, peeled and sliced
Three	apples, cored and sliced
Three-quarter cup	maple syrup
One-quarter cup	apple cider
	salt and pepper to taste

1. Preheat oven to 400°F.
2. Arrange yam and apple slices in one-quarter-inch layers in a 9 X 13-inch baking dish or casserole in alternating layers.
3. In a saucepan, bring syrup and cider to a boil; remove from heat. Pour over yams and apples. Sprinkle with salt and pepper.
4. Cover baking dish with foil; bake for one hour.
5. Uncover; bake until yams are soft and syrup is thick, about fifteen to twenty minutes more.

Adapted from:

**<http://www3.telus.net/public/a6a24762/br2003/html/fall.htm>**